



THE BUZZ

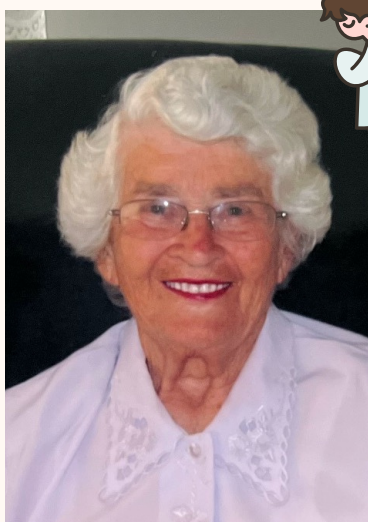
THE NEWSLETTER OF ALL SAINTS CHURCH
THE ANGLICAN PARISH OF KEMPSEY

JULY/ AUGUST 2022

This issue:

Remembering Merle

Gathered together in the Church she loved so dearly, and, surrounded by so many of her friends and family we joined together on August 15th 2022 to give thanks to God for the life and witness of our sister, Merle. She trusted so deeply in her Saviour, and we give thanks for the faith which she enjoyed, and that she shared with so many others.



We welcomed Leonie Benson on August 31st. Leonie and her late husband Fr Stuart Benson lived in The Rectory from 1991 to 1996 when Fr Stuart was Rector of the Parish of Kempsey. It was a beautiful winter's morning to enjoy morning tea in the Churchgrounds!

Remembering Merle
Parish Gathering
Page 01

Bec and Jed's Wedding
The Winter Concert
Page 02

Home For Hope
Parish Soup Kitchen
Page 03

Macleay Valley House
Safe Ministry Workshop
Mary Summer Day
Small Saints Playgroup
Page 04

Greetings from Lambeth
Page 05

Supporting First Nations
Statement from Bishops
Page 06

Take A Break
Page 07

Winterspice Pumpkin
Soup and Food News!
Page 08

Count Your Blessings and
Parish Registers
Page 09

Directory
Page 10

AROUND THE PARISH



On July 2nd, surrounded by friends and family, Father Jesse officiated **the wedding of Bec and Jed Lindsell at Crescent Head.**



The rain did not dampen this beautiful celebration of love! **We give thanks to God** for the gift of love and for the witness of love in their lives together. **Congratulations Bec and Jed!**

THE WINTER CONCERT



August 31st was a celebration of talent! 200 people gathered in our Parish Hall to be entertained by some amazing local talent. The afternoon of music was hosted by the Macleay Music Ensemble, and sponsored by the Kempsey Shire Council. The Winter Concert included some extraordinary performances including from our own organist and Rector's Warden, Ross Newton, performing on the new Yamaha U3 Community Piano. Congratulations to all those who played.

Psalm 98:1-7 Sing to the LORD a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him. The LORD has made his salvation known and revealed his righteousness to the nations. He has remembered his love and his faithfulness to Israel; all the ends of the earth have seen the salvation of our God. Shout for joy to the LORD, all the earth, burst into jubilant song with music; make music to the LORD with the harp, with the harp and the sound of singing, with trumpets and the blast of the ram's horn— shout for joy before the LORD, the King. Let the sea resound, and everything in it, the world, and all who live in it.



HOPE FOR HOME



On August 2nd we hosted Hope for Home! Thankfully, it was a sunny day where Housing and Homelessness Support Agencies across Kempsey were able to gather in the Churchgrounds.

Community Housing Limited, Kempsey Neighbourhood Centre, Neami National, Kempsey Families Incorporated, Mid North Coast Legal Centre, Samaritans, YP SPACE MNC, NSW Health, Real Futures Pty Ltd, Friends of Kempsey Pound Inc and other local organisations all provided resources and information to members of the community about referral pathways for those experiencing, or at risk of experiencing, homelessness.

Following Acknowledgement of Country, there were activities including free giveaways, music, a BBQ, and an Art Workshop.



SOUP KITCHEN



With everyone feeling the pinch of the increase in the cost of living, we are grateful for the ongoing ministry of the **Soup Kitchen that meets each Tuesday at 12 noon in the Youth Centre on Marsh Street**, and of the Parish Pantry which can be accessed through the Parish Office. There are many people who are doing their best to care for others at this difficult time - for more information on assistance that is available, as well as No Interest Loans and financial literacy and budgeting assistance visit the *Neighbourhood Centre at their new location behind McDonalds*, visit their website at the link: kempseyneighbourhoodcentre.org or call (02) 6562 8300.



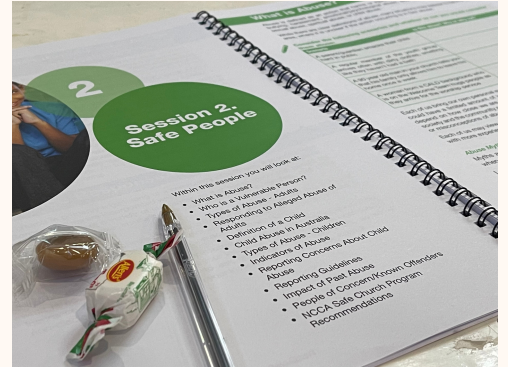
MACLEAY VALLEY HOUSE



On the fourth Sunday of the month at 11:15am, residents of Macleay Valley House in Frederickton come together to share in fellowship, Word and in Sacrament in their beautiful Chapel.

For all our Residential Care Services please refer to the back page of The Buzz. If any members of your family in hospital or in residential care would like a visit from a Priest, please speak with Father Jesse.

SAFE MINISTRY TRAINING

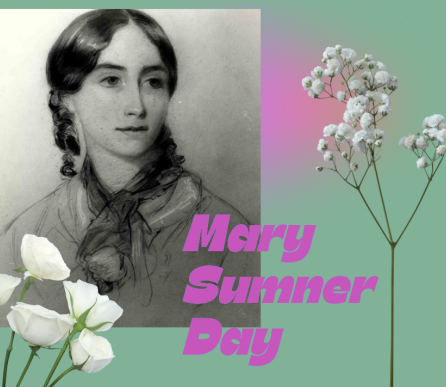


A Safe Ministry training course was held in the Parish Hall on Saturday, August 6th.

Through the National Council of Churches in Australia (NCCA), the Anglican Diocese of Grafton has become a participant in the Safe Church Training Agreement with the aim of making all church environments safer for the people that use them. The NCCA accredited Safe Ministry Training (SMT) is designed to assist church leaders to ensure churches, activities and programs are safe, and includes modules on protecting vulnerable people, and child protection. *We give thanks to God for all the Parish leaders and ministry volunteers from across the Archdeaconry that were present on the day, and for their ongoing commitment to ensuring our churches are safe places for all.*

MARY SUMNER DAY

On Wednesday August 10th we (+4 million members of Mothers' Union worldwide!) **celebrated Mary Sumner, the founder of the Mothers' Union.** At Mass we celebrated her insight and perceptiveness in seeing what was needed and recognising the means by which the need could be met. We prayed for the mission of Mothers' Union, as lived in so many countries. Her life demonstrated her belief, vocation to prayer and the call to social action that flowed from it. These are the foundations on which Mothers' Union has been built, and in which it continues to grow. *Prayer cards with Mary Sumner's personal prayer were distributed, and can be found at the back of Church.*



SMALL SAINTS

Small Saints Playgroup meets Mondays, during school term at 9.30am in the Youth Centre on Marsh Street! *Children aged 0-5 are welcome with their parents/carers to join in fun and fellowship Our thanks to the Mothers' Union for their active and prayerful support.*



GREETINGS FROM LAMBETH

Convened by the Archbishop of Canterbury in 2022, the Lambeth Conference is an international meeting of Anglican bishops. The conference discusses church and world affairs and the global mission of the Anglican Communion for the decade ahead.

The conference theme for 2022 was 'God's Church for God's World - walking, listening and witnessing together.' The conference explored what it means for the Anglican Communion to be responsive to the needs of a 21st Century world. Meeting around every ten years since 1867, the Lambeth Conference is one of the four Instruments of Unity in the Anglican Communion. The 2022 meeting was the 15th Lambeth Conference.

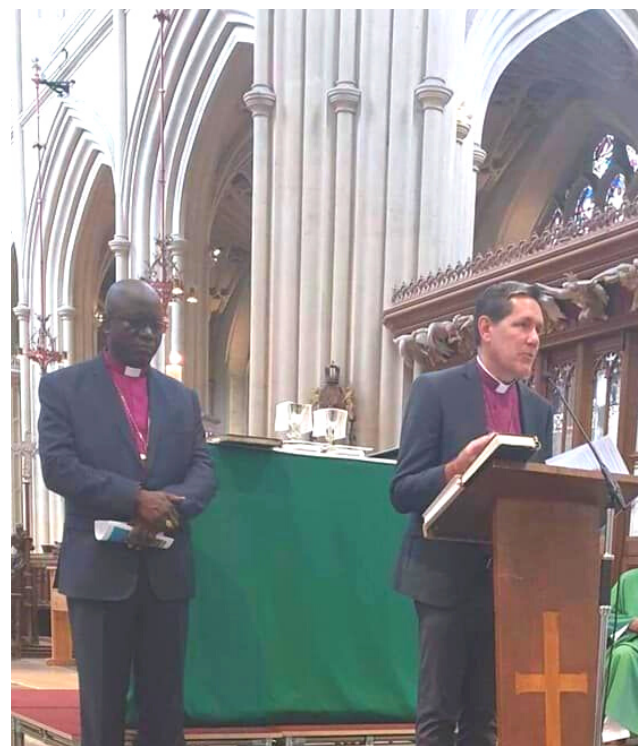
Bishop Murray spoke at both morning services on Sunday at Bath Abbey in the lead up to the Lambeth Conference. Bishop Murray and Mrs Leanne Harvey stayed at the home of Libby and Ken Madden in Bath. Libby is the daughter of Bishop Christopher Storrs, a former Bishop of Grafton.

On the first day of the Lambeth Conference, where over 650 Bishops and their spouses gathered in prayerful reflection, Bishop Murray and Leanne were pleased to connect with Sister Veronica CSC, a member of the Chaplaincy Team at the Lambeth Conference. She sent greetings to the Diocese of Grafton and to our own Sisters of the Community of the Church, Sister Linda Mary CSC and Sister Helen CSC.

The Australian bishops who attended the Lambeth Conference have released a Statement of Support for Aboriginal and Torres Strait Islander people. You can read the full statement overleaf. Other News Releases from the Lambeth Conference can be found on the link below:
lambethconference.org/news-and-media/blog/

Sadly, while away in the United Kingdom, Leanne's mother Mrs Marie Gill died. Marie was an active parishioner of Saint Cuthbert's in Tweed Heads, and was involved in many aspects of parish life until recent years. We surround Leanne, Bishop Murray and all their family with our love and prayers as they grieve at this time, that they might know Christ's comfort and peace, and the hope of the resurrection.

Rest eternal grant to her, O Lord, and let light perpetual shine upon her. May she Rest In Peace, and rise in glory.



The Australian Bishops present at Lambeth support the First Nations peoples (Aboriginal and Torres Strait Islander) of Australia

The Australian bishops present at the Lambeth conference 2022 celebrate the support of the bishops called together by the Archbishop of Canterbury for the Lambeth Conference 2022 for the 'Statement of Support regarding Indigenous Peoples in Canada and around the world'. The Statement recognized and regretted the impacts of colonization that 'stripped Indigenous peoples of their agency, identity, languages, cultures and governance; colluded with the Doctrine of Discovery (in the Australian context, the aspirations and impact of British imperialism), including corrosive government policies; denigrated their spiritual heritages; prohibited ceremonies and stole their land'. We also acknowledge that many First Nations peoples rejoice in the gift of the Gospel of Jesus Christ and now serve the church in leadership throughout Australia.

With deep repentance the Australian bishops present at Lambeth 2022 recognize that the Anglican Church of Australia colluded in the above and within our own history aided the forced removal of First Nations children from their parents (the Stolen Generations) which has resulted in inter-generational trauma for many First Nations peoples. The Anglican Church of Australia acknowledges its own sinfulness in this regards, has sought forgiveness, but continues to walk with First Nations peoples on the long journey of reconciliation.

The Australian bishops present at Lambeth 2022 recognize the issues brought about by the colonization of Australia on the First Nations peoples that need our prayer, advocacy, and action include: poverty; climate change, in particular, but not exclusively, rising sea levels that are having devastating consequences for the Torres Strait Islander peoples; inadequate housing; under employment; youth suicide; appallingly high levels of youth and adult incarceration; deaths in custody; substance abuse and addiction; domestic and other forms of violence, low levels of education, and the ongoing presence of racism among the general population of Australia and its institutions, including the church.

The Australian bishops present at Lambeth 2022 acknowledge the riches that First Nations cultures bring to the Australian people and rejoice that this is beginning to be valued by many in Australia and the Church. We support the 'Uluru Statement from the Heart' and encourage a First Nations voice to be heard in the federal and state parliaments of our land. We join with the bishops present at Lambeth 2022 in committing ourselves to 'walk with and support Indigenous peoples around the world...'

The Australian bishops present at Lambeth 2022

The Most Rev'd Geoff Smith, Primate of Australia and Archbishop of Adelaide; The Most Rev'd Dr Kay Goldsworthy, Archbishop of Perth; The Most Rev'd Dr Philip Freier, Archbishop of Melbourne; The Rt Rev'd Chris McLeod, National Aboriginal Bishop; The Rt Rev'd Dr Keith Joseph, Bishop of North Queensland; The Rt Rev'd Cameron Venables, Assistant Bishop of Brisbane; The Rt Rev'd Jeremy Greaves, Assistant Bishop of Brisbane; The Rt Rev'd John Roundhill, Assistant Bishop of Brisbane; The Rt Rev'd Grant Dibden, Bishop to the Australian Defence Force; The Rt Rev'd Dr Greg Anderson, Bishop of the Northern Territory; The Rt Rev'd Dr Mark Short, Bishop of Canberra - Goulburn; The Rt Rev'd Dr Richard Treloar, Bishop of Gippsland; The Rt Rev'd Dr Peter Stuart, Bishop of Newcastle; The Rt Rev'd Dr Matthew Brain, Bishop of Bendigo; The Rt Rev'd Ian Coutts, Bishop of Bunbury; The Rt Rev'd Charles Murry, Assistant Bishop of Newcastle; The Rt Rev'd Sonia Roulston, Assistant Bishop of Newcastle; The Rt Rev'd Carol Wagner, Assistant Bishop of Canberra - Goulburn; The Rt Rev'd Dr Paul Barker, Assistant Bishop of Melbourne; The Rt Rev'd Dr Brad Billings, Assistant Bishop of Melbourne; The Rt Rev'd Kate Prowd, Assistant Bishop of Melbourne; The Rt Rev'd Jeremy James, Assistant Bishop of Perth; The Rt Rev'd Clarence Bester, Bishop of Wangaratta; The Rt Rev'd Genieve Blackwell, Assistant Bishop of Melbourne; The Rt Rev'd Donald Kirk, Bishop of Riverina; The Rt Rev'd Murray Harvey, Bishop of Grafton; The Rt Rev'd Dr Tim Harris, Assistant Bishop of Adelaide; The Rt Rev'd Denise Ferguson, Assistant Bishop of Adelaide; The Rt Rev'd Peter Grice, Bishop of Rockhampton.

take a break!

Knock Knock!

Who's there?

Noah.

Noah who?

Noah lot of reasons to love the Lord!

Knock Knock!

Who's there?

Eve.

Eve who?

Eve-ya got a problem talk to God about it!

Knock Knock!

Who's there?

Saul.

Saul who?

Saul that matters is to love the Lord!

colour me in

ALL ABOUT THE BEATITUDES

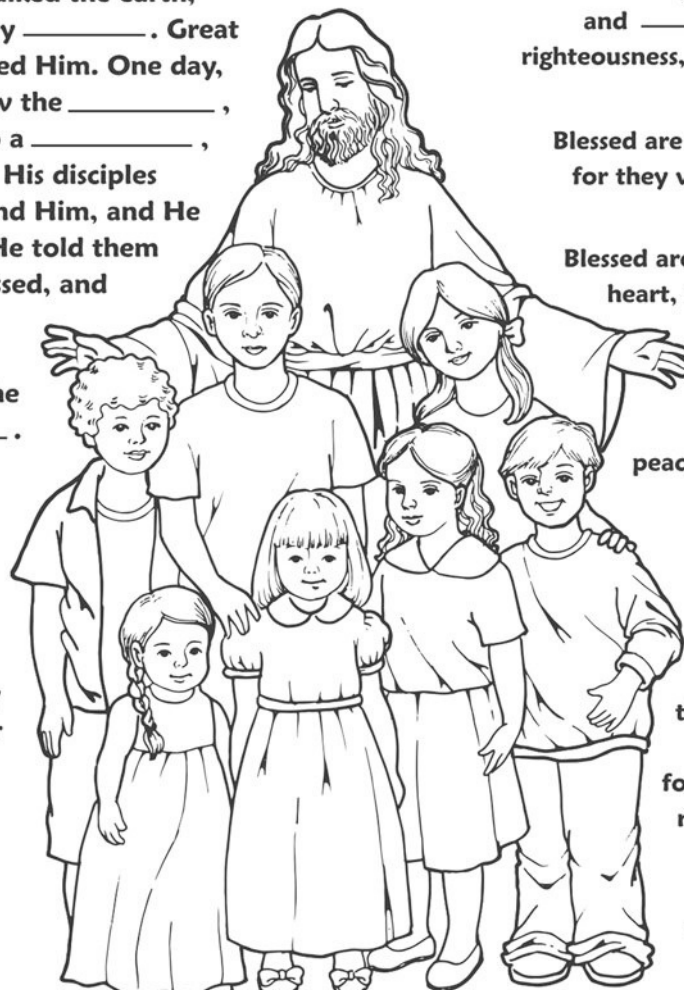
Use the Word Bank below to fill in the fun facts about The Beatitudes

When Jesus walked the earth, he healed many _____. Great crowds followed Him. One day, when Jesus saw the _____, He went up to a _____, and sat down. His disciples gathered around Him, and He taught them. He told them how to be blessed, and how to reach heaven. He taught them the _____.

Blessed are the poor in spirit, for theirs is the Kingdom of _____.

Blessed are they who mourn, for they will be _____.

Blessed are the meek, for they will inherit the _____.



Blessed are they who hunger and _____ for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown _____.

Blessed are the clean of heart, for they will see _____.

Blessed are the peacemakers, for they will be called _____

of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the _____ of heaven.

Word Bank

- kingdom
- mountain
- people
- mercy
- earth
- God
- comforted
- children
- Beatitudes
- thirst
- crowds
- Heaven

country music sundays

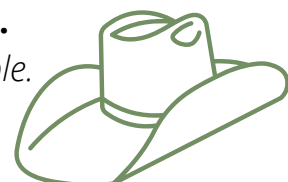
Do you like a little bit of Country? All Saints Catering served a delicious spread for the Country Music Showcase held in the Parish Hall on August 21st.

Mark your diary! Country Music Showcase events are scheduled for September 18th, October 16th, and November 19th 2022!

TANK RADIO are holding 'Sunday Afternoon Country' on Sunday September 4th 2022 from 11 am.

\$10 entry, and lunch, 100 Club and Raffles available.

Featuring Country Artists Andy Penkow, Kathryn Jones, The Shelly Jones Band, & Daryll Roulands.



FR JESSE'S WINTERSPICE BUTTERNUT PUMPKIN SOUP



SERVES 6-8

INGREDIENTS

1.6-2 KG OF BUTTERNUT PUMPKIN; PEELED AND CUT INTO CHUNKS
3 ONIONS; PEELED AND ROUGHLY CHOPPED
6 CLOVES OF GARLIC; PEELED, CRUSHED AND ROUGHLY CHOPPED
750ML - 1L VEGETABLE OR CHICKEN STOCK;
3 TBSP PEANUT OIL

SPICES: ADD TO OIL

CRACKED BLACK PEPPER
GROUND CLOVES; HALF A PINCH
GROUND CUMIN; HALF OF A PINCH

SPICES: ADD TO PUMPKIN

GROUND CARDAMOM, A PINCH
GROUND CINNAMON, A PINCH
GROUND TURMERIC, A TEASPOON
SWEET PAPRIKA, HALF A TEASPOON
GROUND WHITE PEPPER, HALF A TEASPOON
2-3 BAY LEAVES



OPTIONAL

1/4 OF A CUP OF BROWN SUGAR
(SOME PUMPKINS ARE SWEETER THAN OTHERS SO YOU MAY NOT NEED!)
CREAM OR SOUR CREAM
1 TABLESPOON OF SWEET CHILLI SAUCE

METHOD

1. **OVER HIGH HEAT**, TO A LARGE HEAVY-BASED POT ADD **PEANUT OIL**. HEAT UNTIL THE OIL SHIMMERS.
2. **SEASON OIL** WITH HALF A PINCH OF GROUND **CUMIN**, HALF A PINCH OF GROUND **CLOVES** AND CRACKED **BLACK PEPPER**. HEAT UNTIL FRAGRANT.
3. ADD ROUGHLY **CHOPPED ONION**, AND SAUTÉ TIL TRANSLUCENT
4. ADD ROUGHLY **CHOPPED GARLIC**, AND SAUTÉ TIL ALL LIGHTLY BROWNED
5. ADD **CHOPPED PUMPKIN** ALONG WITH A PINCH BOTH OF GROUND **CARDAMOM** AND GROUND **CINNAMON**; A TEASPOON OF GROUND **TURMERIC**, AND HALF A TEASPOON EACH OF **SWEET PAPRIKA** AND GROUND **WHITE PEPPER**.
6. **STIR** FOR 2-3 MINUTES **UNTIL PUMPKIN IS COATED WITH SPICES**.
7. **ADD 750 ML OF STOCK**, AND BRING TO THE BOIL.
8. **ADD BAY LEAVES**.
9. **RAPID BOIL** FOR 15-20 MINUTES OR **UNTIL PUMPKIN BECOMES TENDER**, STIRRING OCCASIONALLY.
10. **ALLOW TO COOL** SLIGHTLY, AND USE STICK **BLENDER UNTIL SMOOTH**. (YOU MAY CHOOSE TO REMOVE BAY LEAVES, ADD MORE STOCK, SWEET CHILLI SAUCE, OR BROWN SUGAR TO DESIRED CONSISTENCY AND TASTE.)
11. **ADD CREAM OR SOUR CREAM** TO DESIRED CONSISTENCY AND **SERVE WITH CRUSTY BREAD!**

And he said to them, "The harvest is plentiful, but the labourers are few. Therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest."

Luke 10:2



LETS DO YUM CHA!

We are blessed with a great precinct at All Saints! On August 5th Lets Do Yum Cha brought the community some delicious cuisine.

There was quite a line up treating themselves to Friday night dinner!

Do you have a favourite recipe to feature in The Buzz? Get in touch with Jane! Details on back page

COUNT YOUR BLESSINGS

Blessed are you if you see and recognize the Lord with the "eyes of faith". The word "blessed" [makariosin Greek] literally means "happiness" or "beatitude."

'It describes a kind of joy which is serene and untouchable, self-contained, and independent from chance and changing circumstances of life.' There is a certain paradox for those "blessed" by the Lord. Mary was given the "blessedness" of being the mother of the Son of God. That blessedness would also become the sword which pierced her heart as her son died upon the Cross.

In a world of so many ups-and-downs, so much grieving of a world that once was, and so much that has been lost, we recognise that as the people of God we too are *blessed*.

We are the people that have been called out of darkness, and into his marvellous light. We are the people that Jesus gathers together at his feet and says, "Rejoice and be glad, because great is your reward in heaven." We are the people that cannot fail, so long as we trust in our Lord.

Do you recognise the indwelling presence of the Lord Jesus in your life? How are you blessed today?

Confirmations

Father Jesse has invited Bishop Murray Harvey to lead us in worship, and in celebrating our Patronal Festival at the end of October. We look forward to making him welcome among us. Times and dates for Catechism and prayer vigils, for those seeking to receive the Sacrament of Confirmation, will be announced in the coming weeks. If you are interested in being Confirmed, or have not yet been Confirmed, please speak to Father Jesse.

Pass on your copy of The Buzz to family, neighbours and friends; someone who might not be able to get to Church or someone who might be interested in coming along and joining our many Parish activities and Parish Family!

Parish Registers

Baptisms

Please pray for:

Skyla Hope;

Posy;

Beau TeHare;

and Cruz Jay

to be baptised

into the Body of Christ

in the coming weeks.

Holy Matrimony

Please pray for:

Miss Mikayla Jayne Bankes &

Mr Jesse Geoffrey Young

who will be joined

in holy matrimony

on November 12th 2022

Funerals

We pray for

the Repose of the Souls

of those whose funerals

and memorials were offered:

Mrs Merle Miller-Klegg

Mr George Crossingham

Mr Bob Fry



WE HAVE REGULAR UPDATES ONLINE!

KEMPSEYANGLICAN.COM

FACEBOOK: ALL SAINTS ANGLICAN PARISH KEMPSEY

ALL SAINTS ANGLICAN CHURCH, KEMPSEY

28-30 KEMP STREET, KEMPSEY, 2440

PO BOX 3045, WEST KEMPSEY, NSW, 2440

OFFICE HOURS: TUESDAY TO FRIDAY 9:00AM TO 11:00AM

OFFICE ADDRESS: 25 MARSH STREET, KEMPSEY, 2440

OFFICE PHONE: (02) 6563 1383

OFFICE EMAIL: SECRETARY@KEMPSEYANGLICAN.COM

FR. JESSE POOLE: M: 0413 261 377



*Baptisms, Weddings,
Funerals, House Blessings
and Confession
available by appointment*



IF YOU WOULD LIKE TO MAKE A FINANCIAL CONTRIBUTION TO THE LIFE AND WORK OF THE PARISH AN ONLINE OPTION IS AVAILABLE THROUGH COASTLINE CREDIT UNION.

BSB 704 189

ACCOUNT 1101 7569

DO YOU HAVE ANYTHING FOR THE BUZZ?

PLEASE SUBMIT ANY ARTICLES TO:

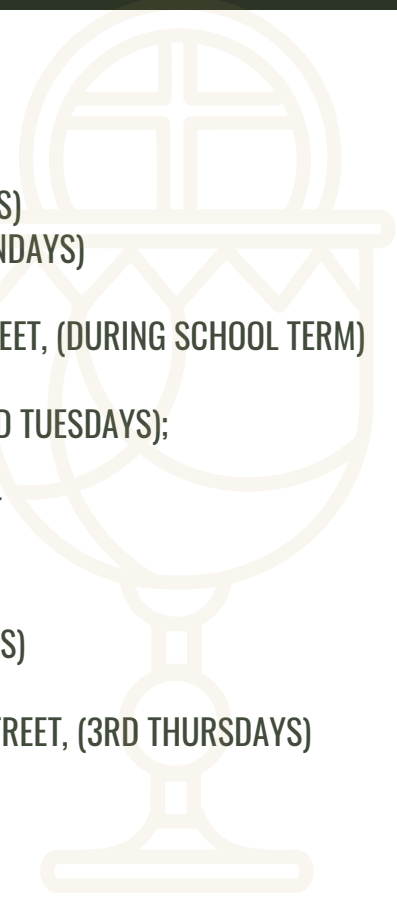
E: JANEL1969@HOTMAIL.COM

JANE M: 0450433302

DIANA M: 0408439513

NAOMI M: 0475265053

REGULAR SERVICES AND EVENTS



SUNDAYS: 8.30 AM, MASS AT ALL SAINTS' CHURCH, KEMPSEY

11.15 AM, MASS IN THE CHAPEL OF MACLEAY VALLEY HOUSE, FREDERICKTON (4TH SUNDAYS)

12 NOON, PARISH PUB LUNCH, AT THE MACLEAY VALLEY HOTEL, FREDERICKTON (4TH SUNDAYS)

MONDAYS: 9.30 AM, SMALL SAINTS PLAYGROUP IN THE YOUTH CENTRE ON MARSH STREET, (DURING SCHOOL TERM)

TUESDAYS: 10.15 AM, MASS AT CEDAR PLACE, 58 COCHRANE STREET, WEST KEMPSEY (2ND TUESDAYS);

10.15 AM, MASS AT VINCENT COURT, 88 LEITH STREET, WEST KEMPSEY (3RD TUESDAYS)

12 NOON TILL 1 PM: SOUP KITCHEN, IN THE ANGLICAN YOUTH CENTRE ON MARSH STREET

WEDNESDAYS: 10 AM, MASS AT ALL SAINTS' CHURCH, KEMPSEY

10 AM, WITH SISTER HELEN CSC AT BOOROONGEN DJUGUN, GREENHILL (4TH WEDNESDAYS)

THURSDAYS: 1.30 PM MOTHER'S UNION, IN THE ANGLICAN YOUTH CENTRE ON MARSH STREET, (3RD THURSDAYS)

THE OLD RECTORY OP SHOP AT 30 KEMP STREET, WEST KEMPSEY

IS OPEN 8.30 AM - 1 PM, MONDAY TO FRIDAY